



## THE PROBLEM OF DIVORCE IN THE MODERN UZBEKISTAN

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### Abstract

The article shows the main difficulties, as well as the prerequisites leading to divorce. The dissolution of marriage is displayed in the minds of people as a negative phenomenon, perceived as a critical disintegration of the basic unit of society, the family. The growing number of divorces is associated with the tendency of aggravation of the crisis state in families and the degradation of family values among young people.

**Keywords:** divorce, family, spouses, marriage, trust, crisis, statistics, values, youth.

The family is the nucleus of society, the most important form of organization of personal life, based on marital union and kinship ties, i.e., the relationship between husband and wife, parents and children, and other relatives living together and maintaining a common household on the basis of a single-family budget. Family life is characterized by material and spiritual processes. Through the family generations of people change, a person is born in it, though it the clan continues. L.N. Tolstoy rightly said: "Happy is he who is happy at home.

The concept of family should not be confused with the concept of marriage. A family is a complex system of relationships, as it unites not only the spouses, but also their children and other relatives. Everyone wants to be happy. The main criterion of happiness, according to many people, is the presence of a family where love, mutual understanding, mutual respect and other components of the family idyll prevail, without which it is difficult to feel the possession of true family happiness. But then the question arises: why do so many people not value marriage and do not properly protect the family from the hardships of life? The first decisive step toward the total destruction of the family is divorce. Before we move on to the main reasons for such a sad outcome of a happy family life, we would like to pay attention to some rather horrifying statistics.

According to the survey, there were revealed opinions among respondents on the causes of family breakdown in this study<sup>1</sup>:

- Marital infidelity – 21,2%;
- Pressure and violence against themselves and their children – 19,7%;

<sup>1</sup> Названы основные причины разводов в Узбекистане - Новости Узбекистана (upl.uz)



- Drug use – 19,7%.

Statistical studies also show that the most responsible period in family life is when spouses are between the ages of 20 and 30. It has also been found that marriages concluded before the age of 30 are on average twice as long-lived as marriages that arose when spouses were over 30. After 30, it is much more difficult for people to readjust themselves to the needs of living as a couple and entering family roles. Younger people find it easier to let go of habits that are traumatic to the spouse. The vast majority of divorces occur between the ages of 18 and 35. The sharp rise begins at age 25. Frequent scandals, which are the main cause of divorces in Uzbekistan for the second half of 2021 speaks more about immaturity, frivolity of spouses, about misunderstanding of family values and such concept as "sanctity of family bonds". Infidelity is not good for love and, most importantly, for health. People who feel remorse or resent an unfaithful spouse for a long-time experience chronic nervous tension, headaches, digestive disorders, insomnia, absent-mindedness and irritability. If irritability persists year after year, this unhealthy internal state increases the risk of thrombosis, stroke and other cardiovascular diseases. Very well said G. Nicolson - the main secret of a happy marriage - to see accidents in the misfortunes, and accidents do not perceive as misfortunes. But no matter how important harmony in intimate life is, family happiness is not reduced to it alone. To fully satisfy the human need for companionship, you need a lot: understanding, a sense of wholeness, affection, respect, and confidence in who is around. The increase in the number of divorces means that many couples and their children are deeply affected by the family dysfunction that usually accompanies divorce. Divorce also takes a heavy toll on children's morale. Preschoolers usually feel fear, insecurity and feel guilty about their parents' divorce. Older children express their irritation more directly. Divorces increase the number of single-parent families. They create a specific system of relationship between mother and child, forming the patterns of behavior and values on which the institution of marriage is based. Divorce also affects the divorcing spouses themselves. Often after divorce a person begins to behave in contradiction to generally accepted norms trying to quench his grief in drinking or compensate for the loss of the family by increasing the frequency of sexual contacts. There are facts of mutually exclusive attitude towards his former spouse, the alternation of expressions of hatred and love. Therefore, sometimes the intimacy between the ex-husband and wife continues for some time even after the divorce. In some cases, they even remarry each other. And yet, divorce is the strongest emotional and mental turmoil, which does not go away for the spouses. Meanwhile, today there are many couples who resort to divorce the first time they encounter common worldly difficulties. V.A. Sukhomlinsky said: Family life is never a solid holiday. Know how to share not only the joys but also the sorrows and troubles.

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