



THE USE OF MNEMONICS IN TEACHING PRIMARY SCHOOL CHILDREN THEIR NATIVE LANGUAGE AND READING LITERACY

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Abstract:

This article gives reviews and recommendations about the benefits of mnemonics, which is very relevant in the educational process today, about classes for the development of brain activity of younger schoolchildren, as well as about very convenient methods used in teaching 1st grade students their native language and reading literacy.

Keywords: brain, training, education and upbringing, mnemonics, memory, key, memorization, time, memorization system.

Huge changes are taking place in the field of education today. In particular, the fact that the respected head of state Shavkat Mirziyayev called 2023 the year of “attention to people and quality education” testifies to the great attention to the education system of Uzbekistan. It's not for nothing that they say that “primary education is the basis of knowledge.” Therefore, education should be paid attention to even before the student receives primary education. If the foundation is solid, the structure carrying the step will never collapse. Consequently, in the course of the lesson, the brain activity of students occupies an important place so that they can fully remember the information presented by the teacher. There are several good ways to improve students' brain function. All organs and parts of the body go through the aging process, as does the brain. However, the aging of the brain can be slowed down, which means that it is necessary to eat right and do hobbies so that the brain is always on the move. For the development of brain activity for younger schoolchildren, we recommend:

1. Meditation. Meditation (deep reflection, contemplation) strengthens the immune system and concentrates attention. Ten minutes of practice return the student to a good mood and contribute to better brain functioning.
2. Eating your favorite dish. They can enjoy the process of eating delicious food, which also benefits the brain.
3. Reading. Reading helps the brain focus. Vocabulary increases, expands imagination and increases brain activity. Reading before going to bed can help you fall asleep better and healthier.
4. Playing chess. Playing chess is one of the best activities for the brain: during the game, two parts of the brain develop: memory and strategic thinking.
5. Dance. Dancing is not only a good exercise, it reduces stress and increases the level of serotonin (harmony of joy). It turns out that dancing is a way to become smarter, because to memorize and reproduce various movements you can use everything you will use details.
6. Group games. When you play in a group, students get many advantages: mobility, new friends and the opportunity to chat. According to research, the lack of communication affects the brain and health.



Therefore, it is very useful to conduct sports games and other group games appropriate to the age of students.

7. Learning languages. The brain of those who know many languages knows a simple language. This is different from the human brain, which knows. Learning a foreign language makes a student more intelligent. And this is the best way to deal with bad memory.

In addition, to the mentioned workouts, the best medicine for the brain and the whole body is laughter. No matter which brain exercise you choose, laughter will always be the best addition.

Now let's see how to deliver information to them in a simple way after their brain activity improves when teaching their native language and reading literacy in 1st grades. The most effective way to do this is to use mnemonics.

For younger students, the most convenient method of repetition. Our brain thinks in images. When a person thinks about several visual images, the brain captures these relationships. In addition, remembering one picture, a person calls life and so on. The most important thing for remembering the first minutes is that at this time it is advisable to pronounce the information out loud or to yourself. We'll talk again in an hour. Always increase the time you will need to repeat three times to repeat the information in the future, that is, repeat the information three times a day later. Repeat immediately, after an hour and again before going to bed. Let's take as an example how to remember people. To keep your head motivated, it's best to address people by name. Each person has his own personality. It is necessary to try to see him and link his last name, first name or habits in the form of a certain picture. For example, primary teacher has blonde hair. Readers always embody this in the image of a blonde. Memorizing large texts was a problem, especially for 1st grade students in elementary school. They are easy to express in the form of formulas. After reading the text, 7-10 keywords will be available at the beginning. They are useful for visualization in the form of pictures that help to understand how one term relates to another. So you have to keep reading the text from where it starts. After studying it, you can go back to the beginning of the text. This approach allows you to save time and memorize large texts. As an example, let's focus on literary texts (prose, poetry).

Literary texts (prose, poetry). In this case, you need to create each word at the beginning. The images should be presented in the form of some sequence, for example: place, hero, situation, etc... Let's say you are reading this text: "in history, round glass jars served as glasses. Inside the container is filled with water. Books could be read by holding it close to the eye. Later, the lenses were made of glass. They also had a handle to hold them by hand. There were also unusual glasses that could be put back on the nose or on the eyeballs. But the most comfortable glasses, a pen (bandage)it turned out to be worn on the ear."Here are the following recommendations so that students remember this so-called text "up to points", given on page 81 of the second part of the textbook on native language and reading literacy 1st grade. Read the first, second and third sentences and imagine: "you were on the seashore and suddenly a large bottle in the shape of a round ball came ashore, inside of which there was water. You put the alphabet book down, holding it close to your eyes, the letters in the alphabet seemed much larger...So



the story goes on. Your actions in these places (sea, big bottle, etc.) are the key to memorization. It is enough to remember the key and the text will appear in memory.

Ways to memorize new words. The words in the Uzbek language were diverse .It is also very common to find new words for a first-grader who has just set foot in elementary school. Take the word “evaporate”, given in the dictionary of words used in the texts on page 101 of the textbook of native language and reading literacy. Evaporation-means the evaporation of water under the action of heat. So that readers can easily remember this, we can recommend a couple of pictures with food or steaming coffee. Let's take the word again” The Sunset " on the same page. The solstice refers to the time of sunset (side) of the Sun. We can also describe this word through a picture, that is, sunset. For a younger student, we recommend memorizing pictures from real life.

As we know, first-graders get acquainted with all the letters of the alphabet in the first half of the year. However, at a later stage of literacy, students cannot fully memorize the letters when reading syllabically. Sometimes , they can also mix Latin alphabet letters with English alphabet letters. How first graders can memorize symbols and letters.

Let's say the reader wants to memorize the English alphabet. In the English alphabet the spelling of "A" and the Latin letter "A" are the same, but different in sound. To remember the first one, you need to choose another association, for example, by form. “A" in the English alphabet resembles an address ("æ" when calling a person) or the shape of a roof is pronounced as "æ", and “a” in the Latin alphabet is pronounced as “a”. In addition, letters with pictures should hang in front of readers. The reason is that there are also readers who first see the picture and then understand the letter. Repetition of exercises is also useful so that the letters of the alphabet are not remembered too quickly. We recommend using a numerical sequence to remember the alphabetical order. For example: A, B, D, E, F...1,2,3,4,5/part 2 we can observe the same situation in the figure on page 55 of our textbook.

Mnemonics is considered a technique that allows a student to create an easy way for himself to study each information. As a proof of our idea, let's take a numerical sequence. If a student needs to memorize the number 827 931, he can do the following. The distribution of the number by numbers: 82, 79 and 31.

With nervous tension, memory deteriorates significantly. That is, in conditions of stress and limited time, mnemonic rules become invalid. For example, many people severely limit their ability to remember if they are noisy.

By the way, instead of resting, it is better to use mnemonics to read the text or memorize useful numbers. Physical fatigue sometimes has a good effect on memory. It starts to work better because the tension of the force in the body and blood spreads faster. Therefore, if a person is associated with mental activity, he must work at the level necessary for the expenditure of energy for physical exercise. This is a necessary condition for maintaining a high emotional and intellectual tone of a person.

Thus, the process of memorizing using mnemonics for 1st grade students will be easier and their imagination will be developed. Reading, traveling, attracting positive emotions, spiritually progressive experiences-all this preserves the formed memory.



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