



**NATIONAL HISTORICAL AND MODERN EDUCATIONAL INTERPRETATION OF THE SCIENCE OF MUSIC CULTURE IN IMPLEMENTING THE HERITAGE OF ANCESTORS**

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**Annotation**

In this article, the basis of human perfection of music, the role of music culture in music, spirituality, cultural enlightenment and other disciplines, the impact of music on the regulation of human behavior and psyche, the benefits of music to the human body, health, musical art in lessons, and in extracurricular folk holidays, contests and competitions, musical spiritual-enlightenment events, the interdependence of words and music, the emotional and spiritual influence of music, songs, melodies and songs, songs and duets created on national and modern instruments, arias and romas which was. The study of ancestral heritage, the creative approach, the basics of national education and the impact of music on the human psyche, the impact on national and spiritual upbringing, comfort, inspiration, creativity, spirituality, through emotions, life and creative inspiration, the formation of broad thinking.

**Keywords:** national spiritual spiritual purification through music, classical music, art forms, literature, music in the study of ancestral heritage.

**Introduction**

For centuries, the art of music has rocked the cradle of human perfection. Singing with and without accompaniment, perfect mastery of performance skills, does not happen by itself. Voice exercises are important in developing and improving the vocal abilities of beginner singers. For today's students, who organize music culture classes in schools, it is important to gradually develop breathing skills through vocal exercises in the formation of vocal singing skills.

The use of low- and medium-volume vocal exercises in voice development, as well as the establishment of breathing and its economical use, require a deep understanding of the important professional content. From time immemorial, the Uzbek people have the words "co-breathing", "co-breathing". These phrases are not uttered in vain because the most important source in the art of singing is the proper training of the breath and the availability of sound. Improving vocal abilities Proper breathing requires tireless work from every beginner performer.

The main part. When organizing a music culture lesson, beginner performers should be taught the technique of singing. The main issues in the formation of vocal singing techniques are the jaw, tongue, lips, soft palate, vocal apparatus, accuracy of speech, fluency, clear transition from tone to tone, musical perception, musical memory, clear hearing of musical tones, formation and development of skills and abilities. In improving this issue, it is important to be able to use the vocal singing apparatus and the breath, the pronunciation together.



The first special training exercises should help to clarify the sound, fluency, correct and melodious pronunciation, correct breathing. In this case, it is advisable for the music culture teacher to organize the lesson based on the technology of growth from simple exercises to complex ones.

This is because a beginner performer learns the technique of singing from simple exercises, which leads to sound alertness, a gradual expansion of the range, and a sense of sound support. In mastering the technique of singing, the vocal apparatus requires regular movement of the jaw, soft palate, lips, throat, and tongue, breathing, and spending it appropriately. In the organization of lessons of music culture, the teacher is the mainstay, the specific requirements of vocal performance, procedures, (in the process of pedagogical practice) on the basis of proper training of the breath, depending on the abilities, capabilities, musical knowledge of the future music teacher, should choose vocal exercises and vocals that are resonant, fluent, and increase the volume.

The diversity of breathing and sound is based on the principle of regular independent exercise in the formation of high sounds. When choosing exercises and vocals for different types of sounds, especially complex exercises lead to the development and improvement of breathing. All pupils and students have different performance skills. This is because for future music culture teachers (students), not all students have the opportunity to master vocal techniques in performance during a short period of study. This makes it difficult for prospective music teachers and composers to be compatible. This is because in some higher education institutions under the Ministry of Higher and Secondary Special Education, students are admitted not on the basis of music education, ability, knowledge and level, but on the basis of tests. Therefore, from the very beginning, students are required to perform regular independent exercises on the piano. In this case, it is advisable for the future music teacher to work more on himself, to sing softly, evenly, to follow the number of notes, to sing along the chromatic gamma, to sing alternately in ligatures and staccato. Of course, singing based on the position of the mouth (sound apparatus) and breathing when performing exercises, regular exercises in low, medium and high sounds will be the basis for improving the professional skills of a future music culture teacher. It is a requirement of the time that a music teacher, who truly loves and respects his profession, should instill in the minds of students a sense of patriotism and humanity with his knowledge and high potential.

It is an important tool for the young people of Uzbekistan to expand the ranks of leading Uzbek intellectuals in all spheres, to demonstrate their professional skills, to inculcate in them the qualities of duty and responsibility in the educational process, to inculcate in them the habit of selfless work.

The great social, economic, political, spiritual, enlightenment and cultural reforms being carried out in the new Uzbekistan require the upbringing of young people on the basis of high national values. In particular, the President's confidence in harmoniously developed generations, their deep understanding of the goals and high tasks, their habit of living with a sense of true human duty and responsibility, living in the spirit of patriotism and humanity and relentless pursuit of higher goals, education and upbringing with honesty and pure intentions. inculcation is a topical issue.

Implementing and implementing such important processes in accordance with the requirements of the time, the organization of regular music culture lessons in preschool and general secondary education requires significant professional skills. Raising a generation of competitive Uzbek intellectuals, no less



than anyone else in the world, requires them to be strong-willed in scientific and creative research, hard work and perseverance.

In this regard, it is important to have a deep understanding of the great responsibility of music culture teachers, from a professional point of view, in the deep study and application of the heritage of our ancestors. In this regard, Abu Nasr al-Farabi wrote in his book *The Noble People*: . . . It is only through the union of many people who provide each other with what they need and help each other that man can attain the maturity he aspires to by nature. ”

It is clear from this opinion that the timely implementation of the decisions taken in our new Uzbekistan under the leadership of the Head of State, striving for excellence in all spheres, the realization of only lofty ideas for development is a high goal for all of us. Our ancestor encyclopedist Abu Nasr al-Farabi said that music has a great positive effect on human upbringing. . . it is necessary to heal the soul in order to heal the body, and with the influence of the voices the psychic powers adapt to their own testicles. . . He said.

Therefore, in the systematic study and application of the heritage of our ancestors, it is expedient to educate and bring up harmoniously developed generations as a fully developed person, a perfect person. The lessons of music culture taught in preschool and general secondary schools are of great spiritual and educational value. Today, the art of music is a national spiritual fine art based on values that have been polished for centuries. Music is an important tool in the deep understanding of the content of spiritual, cultural, enlightenment activities that express the pain of the people, language, language, nostalgia, feelings of pride, the goals and duties of ancestors and generations, humanity, devotion, love. A teacher of music culture has a role and status as a specialist in promoting specific national enlightenment, music culture classes, and musical theatrical holiday events in preschool and general secondary schools and out-of-school institutions. At the stage of development of our society, the national, spiritual and cultural formation of harmoniously developed generations as individuals is an urgent issue. To bring up universal and universal qualities in our new Uzbekistan, such as peace, stability, interethnic harmony, religious tolerance, through the music of national and world peoples. is the ultimate goal. Today's bachelors, who play an important role in the peace of our country, the world community and the stages of development and progress, are our specialists who are thoroughly studying science, profession, their native language and foreign languages.

This means that the present and future of the new Uzbekistan, which is rapidly advancing along the path of development, depends on our young people, the level of their education and upbringing. In this regard, the future teacher of music culture, young professionals, is dynamic, intellectually striving to deeply study and contribute to all art genres, information technology. In this process, the music teacher requires students to realize the educational content, importance, goals and objectives of music education;

- Based on values in the deep understanding of ancestral heritage;
- Continuous promotion of a deep understanding of the types and content of genres of music in the family, kindergarten, school;



- Effective use of national and spiritual foundations, values in the lessons of music culture and in extracurricular activities;
- Regular study of the heritage of ancestors, their creations;
- Organization of reading circles with students on a regular basis, taking into account the age characteristics of children on a regular basis;
- Effective use of works expressing national values in the lessons of music culture;
- Study of ancestral heritage in extracurricular musical events and regular planning of musical events;
- To acquaint young people with the works and life of representatives of classical literature and art;
- Effective use of genres of music in educating students on the basis of national values, patriotic and humane, loyal person;
- A teacher of music culture is a self-educated, highly cultured, enlightened, potential, independent-minded, determined, exemplary person with the qualities of the times.

Thus, the youth of New Uzbekistan has a deep understanding of the requirements of the time, goals and objectives, the choice of effective means of their perfect implementation and a deep understanding of the need for consistent implementation. Because future music teachers, young professionals, are mobile, intellectually striving to deeply study and contribute to information technology in science, music and literature. Our ultimate goal is to educate our young people, who are the owners of our future, by educating them on the basis of our national heritage, our traditions, customs and ceremonies, which we value. In this regard, a teacher of music culture should be, first of all, a self-educated, highly cultured, spiritually-moral, enlightened, well-educated in accordance with the requirements of the new era, internal and external culture, open-minded, able to think fairly, devoted to great potential. period requirement. They require the following tasks in inculcating in the minds of young people such qualities as honesty, purity, courage, diligence, through works;

- The teacher is able to analyze and explain the content of positive qualities as a new Uzbek intellectual on the example of the science of music culture during his career;
- Be able to set an example on the stage of life, the purpose of life, creativity and learning to read, the timely implementation of the requirements of the times; --- as a perfect person, educated as an intelligent, broad-minded, spiritual, enlightened, cultured person, able to work actively on the basis of labor discipline, the requirements of the new era;
- To promote values among young people on the basis of modern requirements;
- Wide promotion of works on patriotism and humanism through music culture lessons;
- Analysis of the meaning and content of the received works in the process of performance:
- Be able to fully realize the realities of the historical and modern times, musical works, spiritual, educational, cultural, independent and apply them to the educational process;

Because during the 30 years of our independence, in the education system, it has become a topical issue to carry out broad reforms, to renew the thinking of all professionals, to create new ways of working. This topical issue requires the introduction of effective tools, especially in the implementation of the system of musical, spiritual, cultural, educational education in the minds of the younger generation. It will be a tool to educate future teachers of music culture in a comprehensive, knowledgeable,



understanding, to prepare, stage, closely study the heritage of the ancestors of the subject of "Music Culture" and its activities, in-class and out-of-class activities. It is an important professional skill to be able to instill our national musical heritage, values, traditions, ceremonies and ancient traditions in the hearts of the younger generation. In the process of improving the pedagogical skills of future teachers of music culture in the preparation for the profession, it is necessary to think creatively, to search for innovations, to give new content to each topic.

## Conclusion

This process expands the capabilities of the music teacher. Constant research, discovery of innovations, becoming a characteristic and habit of young professionals, leads to the development of multifaceted teaching skills, such as love for their profession, self-confidence, intelligence, demanding, responsiveness.

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